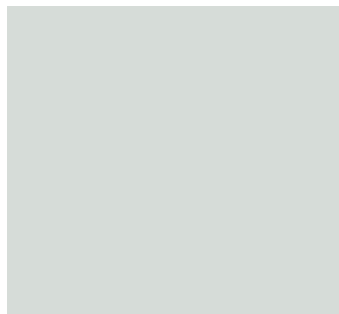


**Washington State
Developmental
Disabilities
Council**



**2004
Annual Report**

Greetings Friends:

The Developmental Disabilities Council is pleased to present this summary report of the accomplishments achieved for the federal reporting year October 1, 2003 through September 30, 2004. These accomplishments would not be possible without the contribution of our many partners in the network of advocates for people with developmental disabilities, our committed Council members and dedicated staff.



*George Walker
Council Chair*

As we continue to work toward our goals of inclusion, self-direction, and full participation of people with developmental disabilities and their families in all facets of community life in Washington State, it is good to pause, reflect, and celebrate what has been achieved.

Although there is still much to do, we are more determined than ever to continue working to achieve these goals and look forward to the opportunities and challenges of the future.

Sincerely,

A handwritten signature in dark ink that reads "George Walker". The signature is written in a cursive, flowing style.

George Walker
Council Chair

What the Council Does

The Governor-appointed Developmental Disabilities Council advocates for services and supports that enhance the independence, productivity, integration and inclusion into the community of individuals with developmental disabilities and their families in Washington State (Public Law 106-402).

The Council works to improve service delivery and increase citizen participation in policy making. Council staff work collaboratively with developmental disability partners to build capacity, support system change and advocate for culturally appropriate consumer/family centered supports.

The Council provides grants to conduct projects on leadership development, self-determination,



transportation, employment, community inclusion, advocacy at the state and local levels, and other projects.

If you are interested in serving on the Council, or would like more information about what the Council does, please feel free to contact the Council office at 1-800-634-4473 or e-mail: edh@cted.wa.gov.

2004 Highlighted Results

In 2004, 3,728 people with developmental disabilities and their families throughout Washington State benefited from the Council's investments through projects and staff activities. Individuals with developmental disabilities and their families are more independent,

productive, integrated and included as a result of Council projects, collaborations and partnerships the Council has with community and statewide organizations, and staff activities. The Council has projects and results in every county in the state.

2004 Statewide Projects

Advocacy Partnership

441 people from 17 counties across the state participated in weekly Advocacy Days - attending training and meeting with their legislators. 59% of the participants were self-advocates.

- During the legislative session over 600 organizations and/or individuals received weekly legislative alerts.
- In local communities, 78 mentors provided information about developmental disabilities to their legislators.

Over the last three years advocacy efforts resulted in \$104.7 million dollars being added to the state budget for services,



supports and other programs benefiting people with developmental disabilities and their families .

Self-Advocacy Initiative

Self-Advocates in Leadership (SAIL) Coalition took the lead in working with the Legislature to pass the Respectful Language bill. The bill requires all new laws and revisions to laws to use “people first” language. There are over 160 members of SAIL, representing self-advocacy organizations and individuals.



Other self-advocacy outcomes include:

- 366 self-advocates were trained in legislative advocacy at 20 workshops held in 17 different counties.
- 10 self-advocates testified at legislative hearings on the Respectful Language bill and DD Community Trust Account bill.
- 3 regional self-advocate coordinators shared information from SAIL Coalition and other meetings with local groups of self-advocates.
- 16 self-advocates took leadership roles in their community.
- 60 self-advocates attended a “Candlelight for Community” vigil on the steps of the State Supreme Court to promote services in the



community and the downsizing of Fircrest institution.

Special Education Advocacy

Over 1,000 parents and professionals statewide are receiving timely information on Special Education issues.

A parent consultant provides information, training and advice on

special education issues and assistance in communicating with educators and policy makers. Twenty-five parents reported using the information to advocate with their school personnel on behalf of their child's education needs.

Health Care Training & Advocacy Project

The Health Care Training and Advocacy Project held community meetings with family members, self-advocates and community members to find out what health information would be useful to them. Using this input, the project expanded the components available for trainings. Four health care

trainings were held around the state. A total of 55 self-advocates, family members, and direct-care professionals attended trainings.

Over 90% of training participants felt they learned a lot, the information was useful and easy to understand.

Media

Harris and Smith provided training and consultation to Council members, staff, and advocates for people with developmental disabilities on:

- Framing the issues
- Developing clear and concise messages on developmental disabilities issues

- Working with reporters to get the Council's messages/initiatives published in the print media.

As a result, 300 articles were published about developmental disabilities in local papers.

2004 Community Based Projects

Travel to Independence

Skagit County

Skagit Transit staff trained 84 self-advocates to increase their access and use of the public transportation system.

Self-advocates received customized individual training designed to increase their comfort level and use of the public transit system, whether beginning to use Dial a Ride (DAR) or moving from DAR to using fixed routes.

Outreach was conducted to include people from the Hispanic community and rural outlying areas.

Transportation staff were trained to be



supportive and helpful to people with disabilities using the transportation system.

One 2 One Youth Peer Mentoring

Sunnyside

The One 2 One Project is conducted by the Yakima Parent to Parent program.

The project trains community and recreational program staff in cultural competency and disability awareness. Five youth were trained to be peer mentors and matched with youth with disabilities to attend community recreational and social activities.



Local Leadership

45 people participated in Local Leadership Development in three areas of the state: Jefferson, Spokane and Lewis counties.

Training consisted of six workshops on:

- the history of the developmental disabilities movement
- developmental disabilities service systems
- advocacy

Participants are conducting projects in their local communities.

In December, the Council hosted the Annual Legislative Workshop. Local project participants learned about:

- legislative advocacy
- legislative processes
- public policy advocacy

Participants conducted mock legislative hearings to learn skills in testifying and



communicating their messages to legislators.

Rotary Club Employment Video

The Auburn Rotary Club produced a video about adults with developmental disabilities working in community jobs, promoting the value of inclusion and what people with disabilities have to offer to employers.

The video is being presented to other rotary clubs around the state.

- 89 Rotarians viewed the video.
- 2 adults with developmental disabilities were hired by Rotarians.

Consumer Satisfaction

Consumer satisfaction is an important component in the evaluation of project and activity success. In 2004, the Council surveyed participants in:

- Self-Advocates in Leadership (SAIL)
- Advocacy Day
- Self-Advocates on Boards and Commissions training (Mixed Voices),
- Local Leadership.

Participants were asked how satisfied they were with the activity and whether the activity:

- improved their ability and knowledge
- made a difference in their lives
- increased their ability to exert choice and control in their lives.

2004 Customer Satisfaction

| | No. of Surveys | % of Surveys |
|--------------------|----------------|--------------|
| Very Satisfied | 342 | 88% |
| Somewhat Satisfied | 39 | 11% |
| Not Satisfied | 5 | 1% |
| Total Surveyed | 386 | |

There were 386 surveys completed. An overwhelming majority of participants (99%) indicated that they were very satisfied or somewhat satisfied with their participation in the Council sponsored activity.

Council Budget

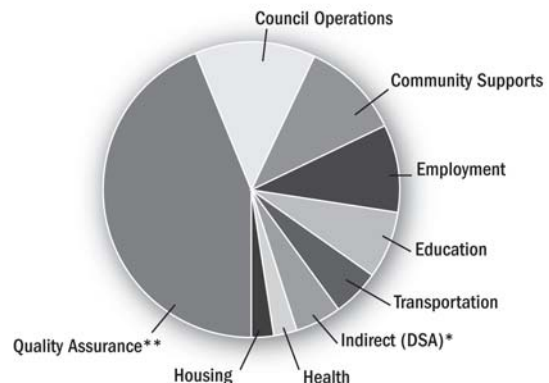
October 1, 2003 - September 30, 2004

Expenditures:

| | |
|---------------------|-----------|
| Council Operations | \$225,832 |
| Indirect (DSA)* | 186,163 |
| Employment | 126,519 |
| Education | 89,125 |
| Health | 43,723 |
| Housing | 41,707 |
| Transportation | 86,505 |
| Quality Assurance** | 753,736 |
| Community Supports | 165,204 |

Revenue:

| | |
|----------------------------|-------------|
| Federal | \$1,219,178 |
| State | 136,163 |
| Matching (cash or in-kind) | 499,311 |
| Total | 1,718,509 |



*DSA= Designated State Agency

**Quality assurance includes advocacy, self-advocacy and leadership activities.

Council Members

Self-Advocates, Family Members & Interested Parties

| Name | | Location |
|------------------------|------------------|-----------------|
| George Walker | Chair, Parent | King |
| William Anderson | Parent | King |
| Kim Blume | Parent | Benton |
| Tracie Day | Parent | Yakima |
| William “BJ” Flaherty | Self-Advocate | Yakima |
| Lori Flood | Parent | Snohomish |
| Vickie Foster | Self-Advocate | King |
| Larry Garman | Parent | Grays Harbor |
| Suzanne Gries | Parent | Clark |
| Mike Hatch | Interested Party | Snohomish |
| Sherri Huwe | Parent | Walla Walla |
| Alphonso Lee | Service Provider | Yakima |
| Clara Link | Self-Advocate | Pierce |
| Sara McQueed | Self-Advocate | King |
| Mike Raymond | Self-Advocate | Pierce |
| Carol Shaw | Parent | Pierce |
| Mary Jo “MJ” Sizemore | Self-Advocate | King |
| Laethen Wene | Self-Advocate | King |
| Rita Wang | Parent | Whatcom |
| Julie Williamson-Purdy | Self-Advocate | Spokane |
| Diana Zottman | Family Member | King |

Agencies Represented on the Council

Agency/Representative

Protection & Advocacy System/Mark Stroh
Division of Developmental Disabilities , DSHS*/Linda Rolfe
Mental Health, DSHS/ Karl Brimmer
Children's Administration, DSHS/Uma Ahluwalia
Department of Health/Mary Selecky
Office of the Superintendent of Public Instruction/Doug Gill
Aging & Disability Services Administration, DSHS/Kathy Leitch
Division of Vocational Rehabilitation, DSHS/ Michael O'Brien
Medical Assistance Administration, DSHS/J. Doug Porter
UW/CHDD/Michael Guralnick
Community, Trade & Economic Development/Julie Wilkerson

Designee

Janet Adams
David Kludt

Angela Brothers
Lou Colwell
Patty McDonald
Connee Bush
Diana McMaster
Sherrie Brown
Marijo Olson

*Department of Social and Health Services

Council Staff

Ed Holen, *Executive Director*

Stephanie Benfield, *Contracts*
Clare Billings, *Budget & Projects*
Brian Dahl, *Member Supports*
Donna Patrick, *Public Policy*
Phillip Rasmussen, *Receptionist*

Mike Rogers, *Community Outreach*
Eva Rooks, *Research & Web*
Cathy Townley, *Membership*
Linda Walling, *Secretary Administrative*

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